

केन्द्रीय विद्यालय संगठन / Kendriya Vidyalaya Sangathan

अधीनस्थ मानव संसाधन विकास मंत्रालय, भारत सरकार, Under Ministry of HRD, Govt of India

क्षेत्रीय कार्यालय, जम्मू / Regional Office (Jammu),

राजकीय चिकित्सालय मार्ग, / Govt Hospital Road,

गाँधी नगर, जम्मू-180004 / Gandhinagar, JAMMU-180004

दूरभाष / Ph. No: 245 3528, फ़ैक्स / Fax : 2430081

Website : www.kvsrojammu.org, e.mail.: eojammukvs@yahoo.com

No. 240333/2014-15-KVS (JR)/

Dated:- 16-08-2018

E-mail/Speed post

The Principal
All Kendriya Vidyalayas
Jammu Region

Subject: **Implementation of revised time-table in Physical Education/Yoga from the session 2018-19**

Sir/Madam,

With reference to KVS(HQ), New Delhi letter No F 110362/01/2018-19/KVS(HQ)/ SP/Time-table/ dated 13-08-2018 & 14-08-2018 (Copy enclosed) on the subject cited above and to say that KVS(HQ) decided to reintroduce block period system for promotion sports activities in the session 2018-19.

In this connection the following annexures may be referred for necessary action:

- Annexure – I – Distribution of periods for Class I – V – No change
- Annexure-II – Distribution of periods for classes VI –VIII – **Minor change in Art & Physical Education period.**
- Annexure-III – Distribution of periods for classes IX – X - **Minor change in Art & Physical Education period.**
- Annexure-IV – Distribution of periods for Classes XI – XII – **Three Physical Education periods.**

For smooth conduct block period for sports and games following points to be noted :

- Minor changes in allotment of period for art education and physical Education mentioned in Annexure – II & III.
- The block period of physical education/yoga for class VI to X should be allotted as per Annexure –II & III
- For class XI and XII one block period and one period of 35 minutes may also be spared for PHE/Yoga as per Annexure-IV.
- For single shift KV there will be two block period preferable, first block period in 1st & IInd period and second block period in VIIth & VIIIth period as mentioned in model time table to avoid the adverse temperature.
- For second shift KV the first block period may be preferably in IIIrd and IVth period and second block in VIIth and VIIIth period to avoid adverse temperature.
- Block periods should be utilized to carry out various activities simultaneously. For sports/yoga/sports skill development in Vidyalaya. The class may be divided in different games as per the facilities available in Vidyalaya.
- Principals are directed to arrange mass PT/Yoga also in morning assemble (as a part of assembly) in the designated days.

A compliance report to this effect may please be submitted to this office on or before **31st August 2018.**

Yours faithfully,



(D P Patel)

Assistant Commissioner

Encls : As above

Copy to :-

- The Deputy Commissioners', KVS (RO) Jammu for information and necessary action.



केन्द्रीय विद्यालय संगठन (मुख्यालय)
18, संस्थागत क्षेत्र, शहीदजीत सिंह मार्गए नईदिल्ली- 110 016

Kendriya Vidyalaya Sangathan
18 Institutional Area, ShaheedJeet Singh Marg
New Delhi - 110016 Tel:26965154 Fax No. 26514179
Website: www.kvsangathan.nic.in

पत्रांक सं.110362/01/2018-19/KVS (HQ)/SP/Time-Table

दिनांक: 14.08.2018

उपायुक्त
केन्द्रीय विद्यालय संगठन
समस्त संभाग

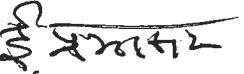
बिषय- Implementation of revised time-table in physical education/yoga from the session
2018-19.

महोदया / महोदय,

In continuation of letter no. पत्रांक सं.110362/01/2018-19/KVS (HQ)/SP/Time-
Table dt. 13.08.18 you are requested to refer the revised annexure-II (enclosed)
regarding teaching of Sanskrit/foreign language.

भवदीय,

Encl: As above


(डा. ई. प्रभाकर)

संयुक्त आयुक्त (प्रशिक्षण)

Copy to:-

1. PS to the Addl. Commissioner (Acad.).

Distribution of periods for classes VI-VIII

S.No	Subject	No. of periods existing	Total No. of Periods proposed	Variation
1	English	6	6	
2	Hindi	6	6	
3	Sanskrit	3	3	
4	Mathematics	7 (6+1)	7 (6+1)	
5	Science	6 (5+1)	6 (5+1)	
6	Social Science	6	6	
7	Work Education	2	2	
8	*Art Education	4	3	-1
9	**Physical & Health Education (Games & Yoga)	3	4	+1
10	***Co-curricular Activities	2	2	
11	Computer Literacy	2	2	
12	****Life skill, values education & gender sensitivity	-	-	
13	Library	1		
	Total	48	48	

* Art Education includes activities like drawing (02 periods), dance, music, dramatics etc. may be arranged in block-periods, if needed and feasible.

** At least 01 period for Yoga.

*** CCA includes Bharat scout & Guide activities, club activities, etc.

**** Life skill, values education & gender sensitivity to be made integral part of teaching in that class by teachers.

Note:

- Mass PT to arrange as part of morning assembly. New PT exercises can be taken up for few minutes as warm up in games periods.
- As regard teaching of Regional/foreign language in class VI to VIII three periods may be used per week, by carving out of two periods from three periods of Art education (revised) and one period from Work education.



केन्द्रीय विद्यालय संगठन (मुख्यालय)
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Website: www.kvsangathan.nic.in

पत्रांक सं.110362/01/2018-19/KVS (HQ)/SP/Time-Table

दिनांक: 13.08.2018

उपायुक्त
केन्द्रीय विद्यालय संगठन
समस्त संभाग

बिषय- Implementation of revised time-table in physical education/yoga from the session 2018-19.

महोदया / महोदय,

Health and Physical Education are the outmost important issues of the present day scenario. During the Meeting of the NSCB, it was felt that the time allotted in the Time-Table for carrying out the activities of Sports and Games/Yoga/Fitness Programme (SBSB) is not adequate. Based on the feedback from various Regional offices this issue was discussed at KVS (HQ) in length and it has been decided to reintroduce block period system for promoting sports activities in the session 2018-19.

In this connection the following annexures may be refer ed for necessary action:-

- Annexure-I – Distribution of periods for classes I – V – No change
- Annexure-II- Distribution of periods for classes VI – VIII – Minor change in Art & Physical education period
- Annexure III-Distribution of periods for classes IX – X – Minor change in Art & Physical Education period
- Annexure IV-Distribution of periods for classes XI – XII – Three Physical education periods

For smooth conduct block period for sports and games following points to be noted:-

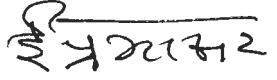
- Minor changes in allotment of period for art education and physical education mentioned in Annexure-II and III.

2. The block period of physical education/yoga for class VI to X should be allotted as per Annexure-II and III.
3. For class XI and XII one block period and one period of 35 minutes may also be spared for PHE/yoga as per Annexure-IV.
4. For single shift KV there will be two block period preferably, first block period in Ist & IInd period and second block period in VIIth & VIIIth period as mentioned in model time table to avoid the adverse temprature.
5. For second shift KV the first block period may be preferably in IIIrd and IVth period and second block in VIIth and VIIIth period to avoid adverse temprature.
6. Block periods should be utilized to carry out various activities simultaneously. For sports/yoga/sports skill development in vidyalaya. The class may be divided in different games as per the facilities available in vidyalaya.
7. All the Principals may be directed to arrange mass PT/yoga also in morning assembly (as a part of assembly) in the designated days.

You are requested to disseminate this information to all the Principals of your Regions and implement the time table accordingly.

भवदीय,

Encl: As above



(डा. ई. प्रभाकर)

संयुक्त आयुक्त (प्रशिक्षण)

Copy to:-

1. PS to the Addl. Commissioner (Acad.).

Distribution of periods for classes I - V

S.. No.	Subject	No. of periods existing	Total No. of Periods Proposed
1	English	6	6
2	Hindi	6	6
3	Mathematics	6	6
4	Enivornmental Studies	6	6
5	Work Education	2	2
6	Art Education*	4	4
7	Library	2	2
8	Physical & Health Education(Games & Yoga)	4	4
9	Computer Literacy	2	2
10	Co - Curricular Activities#	2	2
	Total	40	40

* Art Education includes music (2 periods), drawing, dance activities, etc.

CCA includes Bharat Scout & Guide activities (Cub & Bulbul), Club activities, etc.

Note: Mass PT to be arranged as part of morning assembly. New PT Exercises can be taken up for few minutes as warm up in games periods.

. Distribution of periods for classes VI-VIII

S.No	Subject	No. of periods existing	Total No. of Periods proposed	Variation
1	English	6	6	
2	Hindi	6	6	
3	Language #	3	3	
4	Mathematics	7 (6+1)	7 (6+1)	
5	Science	6 (5+1)	6 (5+1)	
6	Social Science	6	6	
7	Work Education	2	2	
8	*Art Education	4	3	-1
9	**Physical & Health Education (Games & Yoga)	3	4	+1
10	***Co-curricular Activities	2	2	
11	Computer Literacy	2	2	
12	****Life skill, values education & gender sensitivity	-	-	
13	Library	1		
	Total	48	48	

Sanskrit/foreign language as opted by students and permitted by KVS.

* Art Education includes activities like Drawing (02 periods), dance, music, dramatics etc. may be arranged in block-periods, if needed and feasible.

** At least 01 period for Yoga.

*** CCA includes Bharat scout & Guide activities, club activities, etc.

**** Life skill, values education & gender sensitivity to be made integral part of teaching in that class by teachers.

Note: Mass PT to arranged as part of morning assembly. New PT exercises can be taken up for few minutes as warm up in games periods

Distribution of periods for classes IX-X

ANNEXURE - III

S. No	Subject	No. of periods existing			Total No. of Periods proposed			Variation
		Theory	Practical	Total	Theory	Practical	Total	
1	English	6	1	7	6	1	7	
2	Hindi/Sanskrit	6	1	7	6	1	7	
3	Mathematics	6	1 (Lab)	7	6	1 (Lab)	7	
4	Science	6	1 (Lab)	7	6	1 (Lab)	7	
5	Social Science	6	1	7	6	1	7	
6	Work Education		2	2		2	2	
7	*Art Education		3	3		2	2	-1
8	**Physical & Health Education (Games & Yoga)		3	3		4	4	+1
9	***Co-curricular Activities		2	2		2	2	
10	Computer Literacy		2	2		2	2	
11	****Life skill, values education & gender sensitivity		-	0		-	0	
12	Library		1	1		1	1	
	Total			48			48	

* Art Education includes activities like Drawing (01 period), dance, music, dramatics etc. may be arranged in block-periods, if needed and feasible.

** At least 01 period for Yoga.

*** CCA includes Bharat scout & Guide activities, club activities, etc.

**** Life skill, values education & gender sensitivity to be made integral part of teaching in that class by teachers.

Note: Mass PT to be arranged as part of morning assembly. New PT exercises can be taken up for few minutes as warm up in games periods.

DISTRIBUTION OF PERIODS FOR CLASSES XI & XII

The Senior Secondary Classes function six days per week with 8 period Time Table.

S. No.	Subject	Existing			Total	Proposed		
		Number of periods (Theory)	Number of periods (Practical/Project)	Total (Theory*Practical)		Number of periods (Theory)	Number of periods (Practical/Project)	Total (Theory*Practical)
1	English	6	--	6	(9 x 4) (max.) = 36	6	--	6
2	Hindi	6	--	6		6	--	6
3	Physics	5	4	9		5	4	9
4	Chemistry	5	4	9		5	4	9
5	Biology	5	4	9		5	4	9
6	Computer Science	5	4	9		5	4	9
7	Information Practices	5	4	9		5	4	9
8	Biotechnology	5	4	9		5	4	9
9	Maths	9	--	9		9	--	9
10	Business Studies	7	2	9		7	2	9
11	Accountancy	7	2	9		7	2	9
12	Economics	7	2	9		7	2	9
13	History	7	2	9		7	2	9
14	Geography	7	2	9		7	2	9
15	Pol. Sc/Sociology/ Psychology/Any other	7	2	9		7	2	9
16	Library	--	1	1	1	--	1	
17	Work Education	--	1	1	1	--	1	
18	General Studies/Life Skills/Values Education and Gender Sensitivity	1 (Preferably activity based)	--	1	1	1 (Preferably activity based)	--	1
19	Health & Physical Education (Games & Yoga)	--	1 (Field Activity)	1	1	1	2	3*
	0					1	1**	
20	CCA*	--	2	2	2	--	2	3+1 = 4
			Total		48			2

*Class/Section having two core languages (i.e. English and Hindi), the three spare periods will be allotted to Health & Physical Education as indicated at Sr. No. 19. For other sections Principal will make arrangements as deemed fit to carry out activities under Physical Health Education in the Vidyalaya.

* CCA includes Club Activities, Bharat Scout & guide Activities, NCC, etc.

